

HOUR OF POWER NINTH STEP PROMISES MEETING FOMAT

(Host” Before meeting starts, invite someone to read the Promise, at the beginning)

Welcome everyone, to the Hour of Power “Ninth Step Promises Meeting”. My name is _____ and I’m an alcoholic.

A.A. PREAMBLE: Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

The short form of Tradition One states: “Our common welfare should come first; personal recovery depends upon A.A. unity.” Recognizing the importance of group unity, our group strives to create a safe meeting environment in which alcoholics can focus on achieving sobriety.

This is an open meeting of Alcoholics Anonymous. We are glad you are all here — especially newcomers!

I’ve asked _____ to read How It Works. I’ve asked _____ to read The Promises

The 7th Tradition states that every AA group should be fully self-supporting. Please check the chat during this meeting and our website (hourofpowerrockland.com) for ways to donate to the group and information regarding the Hour of Power.

Each week we will focus on one of the twelve promises. The Promise, for tonight, is _____. Please be mindful the time when sharing. The Hour of Power discourages cross talk and the use of profanity.

5 minutes before the end, of the meeting, ask for anyone with a burning desire

Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities. I have the right to say that I am an alcoholic and attended this meeting but I do not have the right to say that you are or that I saw you here.

We have a nice way of closing. Please unmute yourself if you would like to join in the Serenity Prayer.

Close with the serenity prayer.