

## 10/18/21 Hour of Power Business Meeting Minutes

- opened with the Serenity Prayer
- Treasurer's Report, Secretary's Report, minutes passed
- Old Business: still need a GSR Representative for our group
  - HOP has not set a time requirement to take position (open to anyone)
  - one homegroup member was nominated, seconded, All In Favor!
  - we now have a GSR Representative, and now have a "Group Number" with RCI
- Old Business: continued discussing "Spiritual Tid-bits" at the end of our meetings
  - maybe after burning desires
  - maybe called "spiritual recovery tool"
  - may be considered dismissive to those who still want to share
  - discussed how meetings are to keep us from dying, not to entertain
  - motion to table this or vote on tid-bit idea
  - tabled for now
- New Business: the Hour of Power Group's definition of cross-talk
  - discussed how it feels necessary to respond to someone who lost a loved one (at least)
    - some confusion on what cross-talk is, "are we not supposed to like what someone said?"
    - discussed that there are techniques to avoiding cross-talk
    - motion to add into our Group Conscience: "Cross-talk is giving advice to others who have already shared, speaking directly to another person rather than to the group, or questioning or interrupting the person speaking at the time. Advising or lecturing, no matter how well intended or subtle, is cross-talk."
    - seconded, All In Favor
- motion to close
- meeting ended at 8 pm